

BREAKFAST CLASSICS

Sewanee Breakfast 8.58

Two eggs cooked to order. Choice of breakfast potatoes, creamy grits, or fruit. Choice of grilled ham, thick cut bacon, or grilled sausage. Served with toast.

Eggs Benedict* 10.58

Poached eggs on English muffin with Canadian bacon and Hollandaise sauce.

Chef's Garden Omelet* 9.58

Sautéed spinach, diced tomatoes, peppers, onions, mushrooms, and New York cheddar.

Add bacon sausage or ham for 1.58

Breakfast Sandwich* 7.58

Choice of bagel or toast with scrambled eggs, New York cheddar. Choice of grilled ham or thick cut bacon.

Croque Madame* 9.58

Griddled ham and gruyère sandwich with mustard aioli, topped with gruyère, béchamel, and a fried egg.

FIT

Steak and Eggs (Carb Conscious) 12.58

Two eggs your way served with a 6oz. flat iron steak, spinach, and roasted tomato.

Breakfast Burrito (Low Fat) 8.58

Scrambled egg whites, tomatoes, feta cheese, avocado, salsa verde, and fresh fruit.

Yogurt Granola Parfait 7.58

Layers of Blue Monarch granola, Greek yogurt, honey, and fresh berries.

Steel Cut Oatmeal 6.58

Cinnamon, brown sugar, blueberries, and toasted almonds.

Traditional Continental 8.58

Bagel or house made muffin, yogurt, and fruit; served with juice, tea, or coffee.

**These items served with choice of breakfast potatoes, grits, fruit, or sliced tomato*

BREAKFAST SIGNATURES

The Long Haul Breakfast 8.58

Hand-cut and battered chicken strips, biscuits, and gravy.

Malted Waffles or Pancakes 8.58

Strawberries, honey butter and maple syrup.

French Toast Tiramisu 9.58

Espresso French toast, layered with maple mascarpone, cocoa dusted and topped with crumbled bacon.

Huevos Rancheros 9.58

Two eggs, any style, crispy flour tortillas, black beans, chorizo, mild green chiles, and onions. Topped with white cheddar, salsa verde, sour cream, and cilantro.

Cumberland Skillet 9.58

A casserole of skillet browned potatoes and onions, topped with thick cut bacon, two eggs to order with melted cheddar. Served with toast.

Smoked Salmon Frittata 11.58

Sautéed peppers and onions, smoked salmon, cream cheese and dill, oven baked in an iron skillet; served with toast.

BEVERAGES 2.58

Premium Orange Juice (add 1.00)

Grapefruit, Cranberry, Tomato, Pineapple, or Apple Juice

Coffee - Regular and Decaffeinated

Whole, Skim, or Chocolate Milk

Pot of Tea

A LA CARTE OPTIONS 2.58

Two Eggs, any style

Thick Cut Bacon

Grilled Sausage

Grilled Ham

Creamy Grits

Bowl of Fruit

English Muffin

Toast

Bagel and Cream Cheese